

LUNCH

Soup	\$16.00
Chicken & Sesame soup with risoni , greens , peas and edamame . Served with toasted sourdough	
Roasted Beetroot Bruschetta	\$16.00
with yoghurt, beetroot babaganoush & dukkah	
Chicken & Quinoa	\$24.00
with poached chicken, avocado, cherry tomatoes, watercress & lemon vinaigrette	
Ever Green	\$18.00
beans, broccoli & green pea salad with roasted pepita seeds, radish, fresh herbs & basil dressing	
*add Chicken	\$6.00
*add Smoked trout	\$8.00
Lamb & Grains	\$28.00
slow cooked lamb with farro, buckwheat, quinoa, currants, seeds, pomegranate, pinenuts, beetroot & baba ganoush	
Shoestring fries	\$5/\$8
Wagyu Beef Burger	\$18.00
with double cheese, pickles, lettuce, tomato & russian dressing, served with shoestring fries	
Mr Chicken Burger	\$18.00
With grilled chicken , bacon , avocado , cheese , lettuce , tomato and aioli served with shoestring fried	

PASTA

Orecchiette & trout	\$26.00
shell shaped pasta with smoked trout, green peas, dill in a creamy lemon sauce	
Pumpkin Ravioli	\$24.00
Pillow shaped pasta filled with goat cheese and pumpkin in butter and sage	
Rigatoni al ragù	\$26.00
Slow braised lamb ragù in a rich tomato sugo with Parmesan	

SWEETS

Home made cakes	\$6.00
please check our front counter	
Scones	\$9.00
house baked with jam & cream	

DRINKS

Beer Lord Nelson	\$9.00
Wine White / Red / Sparkling	\$8/\$45

DRINKS

Cold Drip	\$5.00
Chai Latte Turmeric Latte	\$3.70
Hot Chocolate Mocha	\$3.70
Tea (loose Leaf)	\$5.00
english breakfast, earl grey, sencha green, lemongrass & ginger, peppermint, chamomile	
Kombucha	\$7.00
passion fruit / strawberry / original	

MILKSHAKES

Milkshakes	
nutella	\$8.00
peanut butter & banana	\$8.00
strawberries & cream	\$8.00

SMOOTHIES

Crazy Monkey	\$8.00
blueberry - banana - almond milk	
Berry Madness	\$8.00
mixed berries - apple juice - lime - ginger	
Green Smoothie	\$8.00
almonds - coconut water - mango - kale	
Fresh Juice of the Day	\$8.00

BOTTLED COLD PRESSED JUICE

Summer Greens	\$6.00
kale, pineapple, apple, celery, mint, spinach	
Ginger Ninja	\$6.00
carrot, apple, ginger, tumeric	
Sunny Side Up	\$6.00
pineapple, orange, passionfruit, coconut water	
Jack Rose	\$6.00
apple, strawberry, lemon, mint	

HOMEMADE SODAS

Passionfruit soda	\$6.00
Lemon lime & bitters	\$6.00
Mint infused lemonade	\$6.00