

FRUIT, GRAINS, CEREALS

Porridge	\$16.00
with barley, spelt, sesame, sunflower, poppy, preserved fruit	
Acai Bowl	\$15.00
Honey Spiced Granola	\$16.00
yoghurt, chia seeds & fresh berries	

TOASTS, SPREADS

Scones	\$9.00
house baked with jam & cream	
Banana & Malt Bread	\$9.00
Toast	\$6.00
white sourdough / soy linseed gluten free & walnut & fig toast	
Fruit Toast	\$9.00
walnut, raisin & fig toast with homemade jam & butter	
Bacon & Egg Focaccia	\$16.00
with cheese home made hutney & aioli	
Hummus & feta Spread	\$16.00
with cherry tomatoes pine nuts & sumac *add Poached egg	
Eggs on Toast	\$4.00
poached, scrambled or fried served with sourdough & homemade chutney	\$14.00
Sides	
avocado or roast tomatoes or hash brown	\$4.00
chorizo or bacon	\$5.00
smoked trout	\$8.00

CLASSICS

Butter Milk Pancakes	\$19.00
with blueberries, mascarpone, maple syrup & fresh berries	
Breakfast Burger	\$18.00
soft fried egg, smokey bacon, avocado, hash brown, cheese with sriracha mayo	
Corn & Mint Fritters 20	\$20.00
topped with bacon & mashed avocado, drizzled with balsamic glaze & Beetroot babàganoush *add poached egg	\$4.00
Smoked Trout & Quinoa	\$22.00
free range scrambled eggs, green peas, ricotta, fresh herbs and toast	

DRINKS

Espresso	
SML	\$3.70
LG	\$4.70
Cold Drip	\$5.00
Chai Latte & Tumeric Latte	\$4.70
Hot Chocolate & Mocha	
SML	\$3.70
LG	\$4.70
Tea (loose Leaf)	\$5.00
english breakfast, earl grey, senchi green, lemongrass & ginger, peppermint, chamomile	
Probiotics	\$7.00
komboucha (passion fruit or shake)	

MILSHAKES

Milshakes	
nutella	
peanut butter & banana	
strawberries & cream	

SMOOTHIES

Crazy Monkey	\$8.00
blueberry - banana - almond milk	
Berry Madness	\$8.00
mixed berries - apple juice - lime - ginger	
Green Smoothie	\$8.00
almonds - coconut water - mango - kale	
Fresh Juice of the Day	\$8.00

BOTTLED COLD PRESS JUICE

Summer Greens	\$6.00
kale, pineapple, apple, celery, mint, spinach	
Ginger Ninja	\$6.00
carrot, apple, ginger, tumeric	
Sunny Side Up	\$6.00
pineapple, orange, passionfruit, coconut water	
Jach Rose	\$6.00
apple, strawberry, lemon, mint	

HOMEMADE SODAS

Passionfruit soda	\$6.00
Lemon lime & bitters	\$6.00
Mint infused lemonade	\$6.00